



**Please read this
brochure carefully
before undergoing
Urease Breath
Testing.**

**It contains
important
information for you
as a patient to
obtain accurate
results.**

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**UREASE BREATH
TESTING
(For Helicobacter Pylori)**

Urea Breath Testing:

How the test works:

A Urease Breath Test is conducted to assess the presence of Helicobacter Pylori within the stomach. Helicobacter Pylori (H. pylori) invades the lining of the stomach and can potentially cause duodenal and gastric ulcers, it is also said to be linked to gastric cancer and lymphoma.

You will be required to attend the center for 30 minutes. The test involves the collection and analysis of breath after swallowing a capsule that contains Urea labelled with radio-active carbon 14. The Urea is a harmless, natural occurring substance and the radiation involved is similar to half a day's exposure to radiation in the natural environment.

At the conclusion of the test you will be asked to blow onto a breath collection card.

A report with the results will be collated and the results will be sent to your general practitioner.

Our reception team will call you about the results. If the test is positive (indicating the presence of the H. Pylori bacteria), you will be offered an appointment to discuss the results with the specialist.

A normal diet and activities can be resumed immediately after completing the test. You will be able to drive afterwards.

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Appointment Information:

Please Note: Appointment days vary between our centers, please confirm with staff upon your booking

Date: _____

Time: _____

Costs: The Helicobacter Pylori test fees can be partly claimed back from Medicare if you have a valid referral from your GP - Please ask our receptionist when you make your bookings. Our Doctors offer a discount for Pensioners and Health Care Card

Preparation:

- Antibiotics must be ceased 4 weeks prior to your test.
- Acid inhibiting medications must be ceased 7 days prior to your test.
- You must fast 6 hours prior to your breath test appointment. No fluids/solids- including no water (you may wish to bring some food to eat as soon as your test is finished - particularly if you have diabetes). No smoking, eating or drinking is allowed during the test.

(Please note: this test is not recommended for expecting mothers due to tiny amounts of radiation involved).

holders. Please discuss this with one of our friendly receptionists.