



Patient Information for Gastroscopy

If you are over 80 years of age, or have severe liver/kidney/heart condition, you may need to see one of the doctors before the procedure(s).

Your procedure(s): Gastroscopy

Your procedure(s) date is: ____/____/____ estimated time: 7:30am-11:30am / 12:30pm-4:30pm
Hospital: 350 Main Street, Mornington, 5973 4444 OR 17 Windsor Avenue, Springvale, 9548 5555

We will phone you between the hours of 9am and 12pm midday the business day before your procedure to confirm your arrival time.

Please inform our staff as soon as practical if you are taking blood thinners, Diabetes medications, if you have a Pace Maker, have epilepsy or use a CPAP machine.

You have been sent admission papers which we ask that you complete and either post back or deliver to GastroMedicine & Endoscopy at least 3 days before your procedure. Any letter or referral you have from your doctor should be given to the receptionist on admission.

It is important that you tell the staff if you have any allergies or any medical condition such as diabetes and if you are taking Warfarin, or other blood thinners such as Aspirin, Iscover or Plavix.

Please ensure that you:

- **Have NOTHING to eat or drink – NO water or ANY fluids or food (including no chewing gum) for a minimum of six hours before your procedure time**
- Wear comfortable loose clothing
- You may take essential medications with your last drink 6hrs before the procedure
- Arrange for a relative or friend to pick you up and stay with you after the procedure
- Bring along - Private Hospital Insurance Details

Pension Cards

Medicare Card

When you arrive at your appointment time your paperwork will be checked by the reception staff. Once the paperwork is completed the admissions nurse will take you through to the admissions room where she will check your medical history.

We ask that you do not bring valuables with you as we cannot be responsible for their safe keeping. You will not be asked to change into a hospital gown. If you wear spectacles, dentures or a hearing aid there is no need to remove them.

You will be seen by your doctor and the anaesthetist and then you will be escorted to the procedure room where the anaesthetist will give you a small injection into the back of your hand. The anaesthetist will administer some light sedation and you will go to sleep. You will be taken to the recovery room following the procedure where you will recover from the anaesthetic. You will be given food and fluids in recovery room.

The actual time of the procedure is approximately 15 minutes. You must provide a contact number for your escort and they MUST be available to collect you within 1.5 hours of your appointment time and be before 5.30pm.

Before you are discharged your doctor tell you the result of the procedure.

The recovery room nurse will give you a discharge information sheet prior to discharge and arrange a follow-up appointment with your doctor if required. The staff of GastroMedicine & Endoscopy look forward to meeting you and will make every effort to make your stay with us as comfortable and relaxed as possible.